

# *Mantra Taught by Buddha Drogen Gyalwa Chhö*



## *The Mantra*

OM HRI YA DHE SARVA TATHAAGATA HRIDAYA GARBE ZOLA DHARMA DHATU  
GARBE SANGHA HARANA AYU SANGSHODHAYA PAPAM SARVA  
TATHAAGATASAMENDRA AUSHNI KHA VIMALE BISHUDHE SVAHA

## *Benefits of this mantra according to Buddha, Drogen Gyalwa Chhö*

It is said by the Victorious One, the Buddha, Drogen Gyalwa Chhö:

By having recited this mantra, if you make one stupa or tsa-tsa, you receive the merit of having made ten million stupas or tsa-tsas.

By having recited this mantra, if you touch any of the four elements [earth, fire, water, air] those elements are blessed two times the power of a stupa, and anyone who sees you or touches you is purified of the five uninterrupted negative karmas,<sup>1</sup> and they will be born in a higher caste.

By having recited this mantra you will have long life, be purified of the five uninterrupted negative karmas, have wealth, and will remember past lives. You will be protected from all harm and become enlightened.

## *Commentary from Lama Zopa Rinpoche*

If you recite this mantra and make a billion story stupa or stupa the size of a fingertip, you collect the same amount of merit as having made ten million. After you recite this mantra, if you make one, you receive the same benefit of having made ten million stupas. That means however much merit you receive from making one stupa—which is inconceivable merit—is multiplied by ten million. For example, if you are building a five-story stupa, you receive the benefit of having built ten million five-story stupas.

It is important to recite this mantra before you begin the work on building the stupa, but also you can recite the mantra every day during the construction of a stupa. It is the same for statues and tsa-tsas.

By reciting this mantra, if you touch any element (fire, water, air, earth), the elements are blessed. Then when those elements touch any being, that sentient being is liberated double the power of a stupa and purified of their five uninterrupted negative karmas. This means if you recite this mantra and then swim in the water, the water is blessed and becomes so powerful. When the water touches any sentient being, including those living in the water—numberless insects and creatures from the largest whale to the tiniest insect that can be seen through a microscope, and even the human beings who are diving and playing in the water, they all are liberated from negative karma by the water touching their bodies. It's the same for the rest of the elements. They have so much power to purify other sentient beings.

By reciting this mantra, you become meaningful to behold—even more powerful than a stupa. You become more powerful to liberate others and anybody who sees you or touches you, their negative karma is purified, twice as powerfully as a stupa.

By reciting this mantra, if you do massage, it becomes so beneficial because when you touch other people's bodies, your touch purifies them.

By reciting this mantra, anybody who sees you is liberated from the lower realms and their five uninterrupted negative karmas are purified; no question about the ten non-virtuous actions. This means even if you are walking on the street, or in a department store, at the train station, anywhere where there are a lot of people, even if you have no other purpose, just walking around purifies sentient beings' minds, because you have recited this mantra. You could do some strange thing, like make a strange noise, so that everybody looks at you. Just by that they are purified.

This mantra can be recited a few times at the beginning of each day along with the other morning prayers and mantras, as well as before making statues, stupas or tsa-tsas.

People who could use this mantra to benefit others: anyone who is seen by people or who touches people or animals, such as performers, models, public speakers, teachers, nurses, doctors, or veterinarians, etc. Anyone who touches objects or elements that other sentient beings will see or touch, such as cooks, bakers, potters, artists, painters, factory workers, dry cleaners, swimmers, etc. In this way, it is the same as the Zung of the Completely Pure Stainless Light.

*Footnotes:*

1. The five uninterrupted negative karmas are killing one's father, killing one's mother, drawing blood from a Buddha, killing an Arhat, and causing disunity among the Sangha. If even these extremely heavy negative karmas are purified, then there is no question that the ten non-virtues are purified.

*Colophon:*

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