

THE NOBLE EIGHT FOLD PATH LEADING TO THE CESSATION OF SUFFERING, NIBBĀNA

7. Knowledge & Vision Purification

(*Nāṇa-dassana-visuddhi*)

* change-of-lineage-knowledge neither be regarded as Practice knowledge & vision Purification nor knowledge & Vision Purification Knowledge & Vision

6. Practice Knowledge & Vision Purification

(*Paṭipadā-nāṇadassa visuddhi*)

From mature knowledge of arising and passing away up to knowledge of conformity

5. Path&Non-Path Knowledge & Vision Purification

(*Magg-āmaggañāṇa-dassanavisuddhi*)

4. Doubt-Overcoming Purification

(*Kaṅkhā-vitarāṇa-visuddhi*)

3. View Purification

(*Diṭṭhi-visuddhi*)

2. Mind Purification

(*Citta-visuddhi*)

Eight attainments (*Samāpatti*) together with Access Concentration (*Upacāra-Samādhī*)

1. Morality Purification

(*Sīlavissuddhi*)

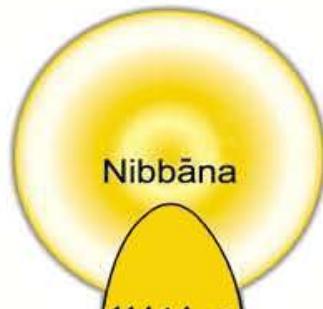
Fourfold Purification Morality (*catu-pārisuddhi-sīla*)

- (16) Reviewing-knowledge (*Paccavekkhaṇa-ñāṇa*)
- (15) Fruition-knowledge (*Phala-ñāṇa*)
- (14) path-knowledge (*Magga-ñāṇa*)
- (13) change-of-lineage-knowledge* (*Gotrabhu-ñāṇa*)
- (12) conformity-knowledge (*Anuloma-ñāṇa*)
- (11) Formations-equanimity knowledge (*Saṅkhārupekkhā-ñāṇa*)
- (10) Reflection -knowledge (*Paṭisankhā-ñāṇa*)
- (9) Liberation-Longing knowledge (*Muñcītukamyatā-ñāṇa*)
- (8) Disenchantment-knowledge (*Nibbidā-ñāṇa*)
- (7) Danger-knowledge (*Ādīnava-ñāṇa*)
- (6) Fearsomeness knowledge (*Bhaya-ñāṇa*)
- (5) Dissolution knowledge (*Bhaṅga-ñāṇa*)
- (4b) Powerful (balava) Arise&Perish knowledge (*Udayabbaya-ñāṇa*)
- (4A) Tender (taruṇa) Arise&Perish Knowledge (*Udayabbaya-ñāṇa*)
- (3) Comprehension knowledge (*Sammasana-ñāṇa*)

Abandonment full Knowledge (*Pahāna-pariññā*)

Investigation full Knowledge (*Tirāṇa-pariññā*)

The known full Knowledge (*Nāta-pariññā*)



Nibbāna

Four path and fruition knowledges

Insight Meditation
(*Vipassanā-bhāvanā*)
(3-12)

Discerning the characteristic, function, manifestation and proximate cause

Dependant Origination
(*Paṭicca-samuppāda*) first/fifth method

Mentality-materiality resolution
(*Nāmarūpa-vavathāna*)

mentality and materility apprehension
(*Rūpārūpa-pariggaha*)

mentality apprehension (*Arūpa-pariggaha*)

Materiality apprehension
(*Rūpa-pariggaha*) (four-elements meditation)

Four protective meditations
(*Caturāraṅkha Kammaṭṭhāna*)

- 10. Space (*Ākāsa*) Kasīna
- 9. Light (*Āloka*) Kasīna
- 8. White (*Odāta*) Kasīna
- 7. Red (*Lohita*) Kasīna
- 6. Yellow (*Pīta*) Kasīna
- 5. Blue-Black (*Nīla*) Kasīna
- 4. Wind (*Vāyo*) Kasīna
- 3. Fire (*Tejo*) Kasīna
- 2. Water (*Āpo*) Kasīna
- 1. Earth (*Pathavī*) Kasīna

(10 Kasīna)

- 8th. ... of Neither perception nor non-perception
- 7th. ... of Nothingness
- 6th. ... of Boundless consciousness
- 5th. The base of boundless space
- 4th Jhāna
- 3rd Jhāna
- 2nd Jhāna
- 1st Jhāna

(8 Attainments)

White (*Odāta*) Kasīna (1st/ 2nd/ 3rd/ 4th Jhānas)

Repulsiveness attention (*paṭikūla-manasikāra*) (skeleton) (1st Jhāna)

Thirty-two parts of the body (*dvattimsākārā*)

Four-elements meditation
(access concentration)

Mindfulness of breathing
(1st/ 2nd/ 3rd/ 4th Jhānas)

Pātimokkha Restraint morality
(*Pāṭimokkha-saṃvarasīla*)
(227 rules for Bhikkhus)

Faculty restraint morality
(*Indriyasamvarasīla*)

Livelihood Purification morality
(*Ājīvapārisuddhisīla*)

Requisites-related morality
(*Paccayasammissitasīla*)

Theravāda nuns: ten pabbajja precepts (*dasa-pabbajja-sīla*)

Lay devotees: five precepts (*pañca-sīla*), eight precepts (*aṭṭha-sīla*), nine precepts (*nava-sīla*), ten precepts (*dasa-sīla*)

Discerning the characteristic (*lakkhaṇa*), function (*rasa*), manifestation (*paccupaṭṭhāna*), and proximate cause (*padaṭṭhāna*) of each cause and effect of past lives, the present life, and future lives.

Discerning the characteristic (*lakkhaṇa*), function (*rasa*), manifestation (*paccupaṭṭhāna*), and proximate cause (*padaṭṭhāna*) of each type of material (*rūpa*) and mental phenomenon (*nāma-dhamma*)

Resolving that apart from mentality-materiality (*nāma-rūpa*), there is no being (*satta*), no life (*jīva*) no self (*atta*), no man, no woman, no *deva*, no *brahma*, etc.

Discerning each mental factor (*Cetasika*) and consciousness (*Citta*) of each mind-moment of the various types of mental process (*Citta-vīthi*) <five-mind door & sensual-/ fine-material-/ immaterial sphere>.

Discerning the various types of *kalāpa* in each of the six doors / forty-two parts of body. And discerning the various types of ultimate materiality of each type of *kalāpa*.

- 1) Loving-Kindness (*Mettā*), compassion (*karuṇā*), sympathetic joy (*mudītā*), equanimity (*upekkhā*) (Four Sublime Abidings (*Brahma-vihāra*))
- 2) Buddha Recollection (*Buddhānussati*)
- 3) Death Recollection (*Marāṇānussati*)
- 4) Foulness Meditation (*Asubha-bhāvanā*)