

Hundred-Syllable Vajrasattva Mantra

Note: This mantra is common to both Solitary Vajrasattva and Vajrasattva with Wisdom Mother.

OM VAJRASATTVA SAMAYA MANUPALAYA / VAJRASATTVA
TVENOPATISHTHA / DRIDHO ME BHAVA / SUTOSHYO ME BHAVA /
SUPOSHYO ME BHAVA / ANURAKTO ME BHAVA / SARVA
SIDDHIM ME PRAYACCHA / SARVA KARMA SU CHAME / CHITTAM
SHRIYAM KURU HUM / HA HA HA HA HO / BHAGAVAN SARVA
TATHAGATA / VAJRA MAME MUNCHA / VAJRA BHAVA MAHA
SAMAYA SATTVA AH HUM PHAT

Common Tibetan Pronunciation

OM BENZA SATA SAMAYA MANU PALAYA / BENZA SATA TEY NO
PA TEETA DEEDO MEY BAWA / SUTO KAYO MEY BAWA / SUPO
KAYO MEY BAWA / A NU RATO MEY BAWA / SARWA SIDDI MEY
PRA YA TSA / SARWA KARMA SU TSA MEY / TSEE TAM SHRI YAM
KURU HUNG / HA HA HA HA HO BAGAWAN / SARWA TATAGATA
BENZA MA MEY MUN TSA / BENZA BAWA MAHA SAMAYA SATA
AH HUNG PEY

The Meaning of the Mantra

Note: This is not a literal translation of the individual Sanskrit words of the mantra.

You, Vajrasattva, have generated the holy mind according to your samaya. Your holy mind is enriched with the simultaneously-born holy actions of liberating transmigratory beings from samsara. Whatever happiness and suffering, good and bad, happens to me, by my pleasing the holy mind, never give me up and guide me. Please stabilize the realizations of the paths and bhumis, including the happiness of the upper realms, actualize all actions and the common and sublime realizations, and make the glory of the five wisdoms abide in my heart.

Colophon: Extracted from teachings given by Lama Zopa Rinpoche during the Vajrasattva Retreat, Land of Medicine Buddha, Soquel, California, USA, 1999, and revised in New York, November 1999. Edited by Nicholas Ribush, 2001. Lightly revised for inclusion in *Essential Buddhist Prayers, Vol. 2* by Ven. Constance Miller, FPMT Education Department, 2001. Lightly edited by Ven. Joan Nicell, FPMT Education Services, April 2017, on the basis of teachings given by Lama Zopa Rinpoche during a Vajrasattva initiation at Kopan Monastery, Nepal, December 2016.

Hundred-Syllable Heruka Vajrasattva Mantra

OM VAJRA HERUKA SAMAYA MANUPALAYA / HERUKA
TVENOPATISHTHA / DRIDHO ME BHAVA / SUTOSHYO ME BHAVA /
SUPOSHYO ME BHAVA / ANURAKTO ME BHAVA / SARVA
SIDDHIM ME PRAYACCHA / SARVA KARMA SU CHAME / CHITTAM
SHRIYAM KURU HUM / HA HA HA HA HO / BHAGAVAN /
VAJRA HERUKA MAME MUNCHA / HERUKA BHAVA / MAHA
SAMAYA SATTVA AH HUM PHAT

Common Tibetan Pronunciation

OM BENZA HERUKA SAMAYA MANU PALAYA / HERUKA TEY NO
PA TEETA DEEDO MEY BAWA / SUTO KAYO MEY BAWA / SUPO
KAYO MEY BAWA / A NU RATO MEY BAWA / SARWA SIDDI MEY
PRA YA TSA / SARWA KARMA SU TSA MEY / TSEE TAM SHRI YAM
KURU HUNG / HA HA HA HA HO BAGAWAN / BENZA HERUKA
MA MEY MUN TSA / HERUKA BAWA MAHA SAMAYA SATA
AH HUNG PEY

Colophon: Common pronunciations by Kendall Magnussen, FPMT Education Services, May 2003. Lightly edited by Ven. Joan Nicell, FPMT Education Services, April 2017.